



HOLY MASSES

Sundays:
(Saturday evening) Vigil 6.30pm,
7.00, 10.30am & 6 pm

Tuesday – Friday: 6.30 am
Saturdays & Holidays: 7am

Confessions: before and after Masses
if possible and by appointment

Baptisms:
Call to make an appointment

Online Masses
St Dominic Barbados



Office hours

Monday: 7.30 – 12

Tuesday: 7.30 – 2 pm

Wednesday: 7.30 – 12

Thursday: 7.30 – 12, 3-5

Friday: 7.30 – 12

Priests are available during office
hours or by appointment

Office is closed:
on bank holidays & weekends, and
sometimes we may be out of the
office. (Please call before coming)

Parish Priest - Fr. Andy Nyga SAC
& Deacon Rev. Stephen Foster



St. Dominic's Church

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YouTube—St Dominic Barbados

St. Dominic's Roman Catholic Church National Shrine of Divine Mercy



Barbados

14th Sunday in Ordinary Time
July 9, 2023 # 738 Year A



Metanoia

1st Reading: Zechariah 9:9-10

Psalm: 144(145):1-2,8-11,13b-14

2nd Reading: Romans 8:9,11-13

Gospel Acclamation:

Alleluia, alleluia!

Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.

Alleluia!



Gospel

Matthew 11: 25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

Thoughts for the 14th Sunday in Ordinary Time Year A

Hope in the Midst of Turmoil

In the midst of turmoil and adversity, the readings for the 14th Sunday in Ordinary Time Year A bring us a message of hope, trust, and reliance on God's strength. The prophet Zechariah speaks of a future king who will come to restore the kingdom, bringing justice and peace.

The promise of a new beginning and the restoration of their homeland must have been difficult to believe in the face of despair and uncertainty. Yet, through Zechariah's words, God's promise shines as a beacon of hope, reminding the people that even in the darkest moments, God remains faithful and has a plan for their restoration.

Finding Solace in Jesus

In the Gospel for the 14th Sunday in Ordinary Time Year A, Jesus invites us to find rest and solace in Him. He acknowledges the burdens we carry, the struggles we face, and He offers to share our yoke, to lighten our load. Jesus assures us that the demands of God are not beyond our strength. He invites us to turn to Him, to place our trust in Him, and to seek His help when life becomes overwhelming.

This message is profoundly relevant in our own lives. We too encounter moments when we feel overwhelmed, burdened by the challenges and trials that come our way. We may face personal struggles, societal unrest, or the weight of expectations and responsibilities. In those moments, it is easy to rely solely on our own strength, to become consumed by worry and doubt.

Relying on Jesus in Difficult Times

But the readings remind us that we are not alone. Just as God promised a new king in Zechariah's time, He has given us Jesus Christ, the King of Kings, who offers us His love, mercy, and companionship. Jesus understands our burdens because He carried the weight of the world upon His own shoulders. He beckons us to come to Him, to surrender our anxieties, and to find solace in His gentle and compassionate presence. Turning to Jesus in our times of need requires humility, faith, and a willingness to let go of our self-reliance. It means acknowledging that we cannot navigate life's challenges alone and that we need the help of our loving Savior. It involves surrendering our burdens and allowing Him to guide us along the path of righteousness, justice, and peace.

(<https://young-catholics.com/2818/14th-sunday-in-ordinary-time-year-a/#thoughts>)

We are a Catholic community committed to welcoming our brothers and sisters, celebrating the Eucharist, receiving the Sacraments, spreading the Good News, passing on our Catholic faith and Traditions, promoting devotion to Divine Mercy and assisting the poor and less privileged in our community. As the National Shrine of Divine Mercy we encourage fuller participation in the Divine Mercy devotions in order to strengthen our Catholic faith, to experience the healing grace and mercy of God and to be merciful to others as Jesus.



Our prayers:

ST. MICHAEL THE ARCHANGEL PRAYER



"Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world seeking the ruin of souls. Amen."

PRAYER OF ST. FRANCIS OF ASSISI:

"Lord, make me an instrument of your peace; where there is hatred, let me sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

"O Divine Master, grant that I may not so much seek to be consoled, as to console; to be understood, as to understand; to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life." Amen.

Prayer for vocations

Heavenly Father raise up holy vocations to the priesthood, to keep the faith alive and guard the memory of your Son Jesus, through the preaching of His word and the celebration of His Sacraments.

May Your Church sustain seminarians and priests in their vocations so that they may faithfully fulfil their mission at the service of the Gospel.

If you would like to receive the newsletter electronically, send an email to: stdominic.newsletter@gmail.com



SCAN ME

July 9 - 15



Vigil: Sat 6.30 pm: Special intention
Sun 7.00 am: Natasha Nanton—RIP
10.30 am: Ricardo & Mishka Vickers—Anniversary
6.00 pm: Ashaki Goodwin—healing and thanksgiving
Tue 6.30 am: Sheila Daniel—Birthday
Wed 6.30 am: Joe & Pam Brooker—Anniversary
Thu 6.30 am: Eli Brooker
Fri 6.30 am: for Parishioners & Visitors
Sat 7.00 am: Souls in Purgatory



July 16 - 22

Vigil: Sat 6.30 pm: Richard Gordon—RIP
Sun 7.00 am: Elza Gloumeau—RIP
10.30 am: for parishioners & visitors
6.00 pm: Richard Figueira—RIP & Alan & Charmaine Cox—Anniv.
Tue 6.30 am: Philomena Figueira—RIP
Wed 6.30 am: Anthony Wood—for healing
Thu 6.30 am: Ian & Caroline Gibson—Anniversary
Fri 6.30 am: Thomas Wood & family—blessings
Sat 7.00 am: Austin & Kathleen Wood—RIP

**DIVINE MERCY DEVOTIONS
&
ADORATION OF THE BLESSED SACRAMENT
FRIDAYS 6.00 PM**



IMPORTANT NOTICE

From Monday July 5th we will be starting to refurbish the front steps of the church. We are asking that those who attend weekday Mass use the side entrance during this time. For weekend Masses we will endeavour to have the area closest to the bathrooms, accessible to the main door. We thank you for your usual cooperation as we continue to upgrade our church.



50th Anniversary Book

Do you have any photos of Baptisms, First Communion, Confirmation, Weddings or any special events over the last 50 years at St. Dominic's? If you do and they are good quality resolution, we are looking for memorabilia for our 50th Anniversary book of St. Dominic's Church. We ask that you send them to the email below. We do not guarantee that all will be printed, but will try our best to include as many as we can. Or maybe you have a special memory that you would like to share, you can send a short paragraph. send to: stdomsis50@gmail.com



PLEASE NOTE THAT DURING THE SUMMER MONTHS THE NEWSLETTER WILL BE PRODUCED EVERY OTHER WEEK. There will therefore be no newsletter on July 16th

DONATIONS: On-Line information:

Name: St. Dominic's Church **Account Type:** Chequeing
Transit #: 09616 **Account Number:** 78101019 **Currency:** BBD
Institution: FCIB First Caribbean International Bank Ltd. Branch: Rendezvous