



HOLY MASSES

Sundays:
(Saturday evening) Vigil 6.30pm,
7.00, 10.30am & 6 pm

Tuesday – Friday: 6.30 am
Saturdays & Holidays: 7am

Confessions: before and after Masses
if possible and by appointment

Baptisms:
Call to make an appointment

Online Masses
St Dominic Barbados

You Tube



Office hours

Monday: 7.30 – 12

Tuesday: 7.30 – 2 pm

Wednesday: 7.30 – 12

Thursday: 7.30 – 12, 3-5

Friday: 7.30 – 12

*Priests are available during office
hours or by appointment*

Office is closed:

on bank holidays & weekends, and
sometimes we may be out of the
office. (Please call before coming)

Parish Priest - Fr. Andy Nyga SAC
& Deacon Rev. Stephen Foster



St. Dominic's Church

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YouTube—St Dominic Barbados

St. Dominic's Roman Catholic Church National Shrine of Divine Mercy



Barbados

3rd Sunday of LENT
March 3rd, 2024 # 766 Year B



Metanoia

1st Reading: Exodus 20:1-17

Psalm: 18(19):8-11

2nd Reading: 1 Corinthians 1:22-25

Gospel Acclamation:

Praise to you, O Christ, king of eternal glory!

*I am the resurrection and the life, says the Lord;
whoever believes in me will never die.*

'Praise to you, O Christ, king of eternal glory!



Gospel

John 2: 13-25

Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money-changers sitting at their counters there. Making a whip out of some cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money-changers' coins, knocked their tables over and said to the pigeon-sellers, 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up.' The Jews replied, 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said.

During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him.



VISITS TO THE SICK & SHUT-INS

MARCH 4—8 & 18—22

CALL THE OFFICE TO MAKE YOUR APPOINTMENTS



STATIONS OF THE CROSS & MASS

EVERY FRIDAY DURING LENT at 6.30 pm

EACH FRIDAY STATIONS WILL BE LED BY A DIFFERENT MINISTRY

FRIDAY 8th MARCH - Extraordinary Ministers of Holy Communion

Friday 15 March: Confirmation Class (No Mass after Stations)

Friday 22nd March: Men's Group

Friday 29th March: (Good Friday) Choir

**DIVINE MERCY DEVOTIONS &
ADORATION OF THE BLESSED SACRAMENT**

FRIDAYS: 6.00 PM



On-Line BANKING information for DONATIONS/SUNDAY COLLECTIONS:

Name: St. Dominic's Church **Account Type:** Chequeing

Transit Number: 09616 **Account Number:** 78101019 **Currency:** BBD

Our prayers:

ST. MICHAEL THE ARCHANGEL PRAYER

"Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world seeking the ruin of souls. Amen."



PRAYER OF ST. FRANCIS OF ASSISI:

"Lord, make me an instrument of your peace; where there is hatred, let me sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

"O Divine Master, grant that I may not so much seek to be consoled, as to console; to be understood, as to understand; to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life." Amen.

Prayer for vocations

Heavenly Father raise up holy vocations to the priesthood, to keep the faith alive and guard the memory of your Son Jesus, through the preaching of His word and the celebration of His Sacraments.

May Your Church sustain seminarians and priests in their vocations so that they may faithfully fulfil their mission at the service of the Gospel.

If you would like to receive the newsletter electronically, send an email to: stdominic.newsletter@gmail.com



SCAN ME

Mass Intentions

MAR 3 - 9

Vigil: Sat 6.30 pm: Intention known by God

Sun 7.00 am: for Parishioners & visitors

10.30 am: Kathleen Morton & fam—healing & thanksgiving

6.00 pm: Philip Hunte—RIP

Tue 6.30 am: Ashaki Goodwin & fam—healing & thanksgiving

Wed 6.30am: Zoe Brooker—Birthday

Thu 6.30 am: Intention known by God

Fri 6.30 am: Heike Goodwin-Carbon & fam-healing & thanksgiving

Sat 7.00 am: Patrick Lewis—RIP



MEDITATIONS

Taken from "Five Loaves & Two Fish" – Cardinal Nguyen Van Thuan
The First Loaf: Living the present moment.

It is along the paths of daily life that you can meet the Lord! ...

This is the fundamental dimension of the encounter:

*We are not dealing with something, but with **Someone**, with the "Living One".*

"Only one moment exists for you in all its beauty that is the present moment. Live it completely in the love of God. If your life is built up like a large crystal from millions of such moments, it will be a wonderfully beautiful life. Can't you see how easy it could be?"

Just Checkin' in.....



A minister passing through his church in the middle of the day, Decided to pause by the altar and see who had come to pray. Just then the back door opened, a man came down the aisle. The minister frowned as he saw the man hadn't shaved in quite a while.

His shirt was kinda' shabby and his coat was worn and frayed. The man knelt, he bowed his head, then rose and walked away. In the days that followed, each noon time came this chap, Each time he knelt just for a moment, a lunch pail in his lap.

Well, the minister's suspicions grew, with robbery a main fear, He decided to stop the man and ask him, "Watcha' doin' here?" The old man, he worked down the road; lunch was half an hour. Lunchtime was his prayer time, for finding strength and power.

"I stay only moments, see, 'cause the factory's so far away; As I kneel here talkin' to the Lord, this is kinda' what I say: **"I JUST CAME AGAIN TO TELL YOU, LORD, HOW HAPPY I HAVE BEEN, SINCE WE FOUND EACH OTHER'S FRIENDSHIP AND YOU TOOK AWAY MY SIN. I DON'T KNOW MUCH OF HOW TO PRAY, BUT I THINK ABOUT YOU EVERY DAY. SO JESUS, THIS IS JIM, JUST CHECKIN' IN."**

The minister feeling foolish, told Jim, that was fine. He told the man he was welcome to come and pray just anytime. "Time to go", Jim smiled, said "Thanks." He hurried out the door. The minister knelt at the altar, he'd never done it before.

His cold heart melted, warmed with love, met with Jesus there. As the tears flowed, in his heart, he repeated old Jim's prayer: **"I JUST CAME AGAIN TO TELL YOU, LORD, HOW HAPPY I HAVE BEEN, SINCE WE FOUND EACH OTHER'S FRIENDSHIP AND YOU TOOK AWAY MY SIN. I DON'T KNOW MUCH OF HOW TO PRAY, BUT I THINK ABOUT YOU EVERY DAY. SO, JESUS, THIS IS ME, JUST CHECKIN' IN."**

Past noon one day, the minister noticed that old Jim hadn't come. As more days passed without Jim, he began to worry some. At the factory, he asked about him, learning he was ill. The hospital staff was worried, but he'd given them a thrill.

The week that Jim was with them, brought changes in the ward. His smiles, a joy contagious, changed people, his reward. The head nurse couldn't understand why Jim was so glad, When no flowers, calls or cards came, not a visitor he had.

The minister stayed by his bed, he voiced the nurse's concern: No friends came to show they cared. He had nowhere to turn. Looking surprised, old Jim spoke up with a winsome smile; "The nurse is wrong, she couldn't know, that all the while.

Every day at noon He's here, a dear friend of mine, you see, He sits right down, takes my hand, leans over and says to me: **"I JUST CAME AGAIN TO TELL YOU, JIM, HOW HAPPY I HAVE BEEN, SINCE WE FOUND THIS FRIENDSHIP, AND I TOOK AWAY YOUR SIN. I ALWAYS LOVE TO HEAR YOU PRAY, I THINK ABOUT YOU EVERY DAY, AND SO JIM, THIS IS JESUS, JUST CHECKIN' IN."**

(web.stanford.edu/group/ncbc/forwards/checkin.htm)

A simple and heart felt prayer has as much power as an eloquent one and just as pleasing to the Lord our God.



